



Dear Caregiver:

Welcome to the Emergency Department at Children's Hospital Los Angeles (CHLA). Here at CHLA, we are committed to providing exceptional child and family-centered medical care.

We recognize that the Emergency Department may be a new and confusing environment for your child. Many children experience a wide variety of feelings while they are here. We are pleased to give you this scrapbook as a way to help you and your child understand and cope with the hospital experience. The activities are designed for your child to explore this new environment and express what he or she is feeling.

The Child Life Program at CHLA is an example of our commitment to family-centered care. Child Life staff work in partnership with physicians, nurses, social workers and other members of the patient care team to meet the developmental, social and emotional needs of patients, their siblings and family. Child Life staff help patients cope with the stress and uncertainty of illness, injury and hospitalization when they need it most.

As a caregiver, you play an important role in your child's recovery. We encourage you to take the time to look through this scrapbook with your child. If at any time you have a question about your child's hospitalization or this hospital scrapbook, please feel free to discuss your concerns with a Child Life specialist or any member of our medical team.

Sincerely,

Alan L. Nager, MD, MHA  
Director  
Division of Emergency and Transport Medicine

Emergency Department Child Life Staff

**Children's Hospital Los Angeles**

**4650 Sunset Blvd. - Los Angeles, CA 90027 - 323-660-2450 - [www.chla.org](http://www.chla.org)**



Dear Caregiver,

The entire pediatric emergency department staff at Sutter Medical Center Sacramento would like to welcome you and your family to our facility. Sutter Medical Center Sacramento along with Medical Memories is presenting this book to your child as an introduction to these new surroundings.

We recognize that the Emergency Department is a new and confusing environment for your child and that he/she may be feeling a variety of emotions. The activities in this scrapbook will invite your child to explore his/her new surroundings and encourage discussion between you and your child. We hope this interactive scrapbook will help your child establish a positive, healthy attitude towards emergency medicine, hospitalization and medical care.

It is important to be honest when talking to your child. Children react to the hospital in a variety of ways. By completing the activities in this book, your child will become more familiar with the hospital experience. It also offers an opportunity for your child to express himself/herself. The pictures, activities, and medical information will give your child the opportunity to create his/her own storybook about being in the Emergency Department.

As a caregiver, you play a very important role in your child's recovery. We encourage you to take the time to walk through this book with your child. Your support will help your child share feelings of happiness, fear or anger while in the Emergency Department.

Please use this scrapbook in both a fun and informative manner.

Sincerely,

Your Pediatric Emergency Department Staff



We welcome you to the Children's Emergency Services department at University of Michigan C.S. Mott Children's Hospital. We are pleased to give you this scrapbook as a way to help you and your child understand and cope with the hospital experience.

We recognize that the emergency department may be a new and confusing environment for your child. Many children experience a wide variety of emotions and feelings while they are here. The activities in this scrapbook are designed to help your child explore this new environment and express what he or she is feeling.

C.S. Mott Children's Hospital is committed to the principles and practice of family-centered care. As your child's caregiver, you play a very important role in your child's hospital experience, and you are encouraged to participate in his or her care. One way to become active in your child's care is by working through this book together so that your child will become more familiar with the hospital. This book will also give your child an opportunity to express himself or herself and promote valuable discussions around fears, anger, or issues your child may be experiencing.

We hope this scrapbook becomes a valuable resource for you and your child. If at any time you have any questions about your child's hospitalization or this hospital scrapbook, please feel free to discuss your concerns with your nurse or any member of our medical team.

From your Children's Emergency Services Staff



# Advocate Children's Hospital



Dear Caregiver:

We welcome you to the Pediatric Emergency Department at Advocate Children's Hospital. We are pleased to give you this scrapbook as a way to help you and your child understand and cope with the hospital experience.

We recognize that the Emergency Department can be a new and confusing environment for your child. Many children experience a wide variety of emotions and feelings while they are here. These activities are designed to help your child explore this new environment and express what he or she is feeling. We hope this interactive book is a tool to help you and your child establish a positive, healthy attitude towards hospitalization and medical care.

Our Children's Hospital is committed to the principles and practice of family-centered care. As your child's caregiver, you play a very important role in your child's experience. We encourage you to participate in his or her care in a calm and supportive manner. One way to become active in your child's care is by working through this book together so that your child will become more familiar with the hospital. This book will also give your child an opportunity to express himself or herself while promoting valuable discussions around fears, anger, or other emotions your child may be experiencing. We hope this scrapbook becomes a valuable resource for you and your child.

The Emergency Department Child Life Specialists are here to help you and your family through this time. We can help your child learn about medical treatments, support them through procedures, as well as help them express their feelings through play. If at any time you have any questions about your child's hospitalization or this hospital scrapbook, please feel free to discuss your concerns with a Child Life Specialist or any member of our medical team.

Sincerely,

From your Pediatric Emergency Department Team

## **Advocate Children's Hospital**

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1675 Dempster Street • Park Ridge, IL 60068 • 847-723-5437

[www.advocatehealth.com](http://www.advocatehealth.com)

## Welcome!

The entire pediatric health care team at **Miller Children's & Women's Hospital Long Beach** would like to welcome you and your family. In order to help your child learn and adapt to their new surroundings, the **Miller Children's Hospital Long Beach Auxiliary** along with Medical Memories, is presenting **My Emergency Department Hospital Scrapbook®** as an introduction to our hospital.

Miller Children's understands that children need to be cared for differently than adults. As your child is admitted to Miller Children's, he/she is entering into a new and unfamiliar environment and is experiencing a variety of emotions. This hospital scrapbook will invite you to explore these new surroundings and encourage discussions between you, your child and our health care team. We hope through this interactive scrapbook your child will have a positive, healthy attitude toward hospitalization and medical care.

**Patient and family centered care** is a cornerstone of our commitment to quality care at Miller Children's. We want to partner with you in addressing the variety of emotions your child may experience. Everyone on the health care team is here to help you and your child along their journey. By completing the activities in this book, your child will become more familiar with the hospital experience and be able to express their feelings in a creative manner.

The unique aspect of this book is that each child is given the opportunity to create their own, individual story about being in the hospital. Pages have been left open for inserting pictures, writing down names of the health care team you will interact with and you can even save get well cards in the back pocket of the book.

As a parent, you play a very important role in your child's recovery. We encourage you to take the time to go through this book with your child. Your support will help your child share his/her feelings while in the hospital. We recognize that children react in varied ways and you can assist your child in coping by using a sensitive, honest approach. **Child Life Specialists** are on hand to help with this process. Feel free to call the Child Life Department at (562) 933-8060.

Please remember, this scrapbook can be used as both a fun and informative tool, but know that you can always feel free to ask the health care team if you have any questions.

**Get Well Soon,**

**Child Life Department**



Bienvenido a la Sala de Emergencias de Phoenix Children's Hospital. Nos es grato entregarle este álbum de recortes como una manera de que usted y su niño sepan cómo será la experiencia en el hospital. Los niños viven emociones muy diferentes aquí y también sabemos que para la familia este puede ser un ambiente nuevo y confuso. Con las actividades en el álbum de recortes ayudaremos al niño a explorar este nuevo ambiente y expresar sus sentimientos.

Phoenix Children's Hospital se compromete a brindar una atención centrada en la familia. Como cuidador del niño, usted es muy importante en la recuperación del niño y en su experiencia hospitalaria. Lo invitamos a participar en la atención del niño. Al trabajar juntos en este álbum el niño se familiarizará con el hospital. Además, el niño podrá expresar sus emociones y se motivará a hacer preguntas e interesantes conversaciones.

Los especialistas en Vida Infantil de la sala de emergencias ayudan a que la familia atraviese esta experiencia de la mejor manera posible. Los especialistas en Vida Infantil pueden ayudar a que el niño comprenda mejor las lesiones, enfermedades y tratamientos. A través de la educación, el juego y técnicas de comportamiento, los especialistas en Vida Infantil podrán hacer que los procedimientos y los estudios médicos sean menos intimidantes para el niño.

Esperamos que este álbum de recortes sea útil para usted y el niño. Si tiene preguntas sobre la internación del niño o sobre este álbum, hable con un especialista en Vida Infantil o con cualquier profesional de la salud.

Le deseamos una feliz recuperación.

El equipo de Vida Infantil

**Los álbumes de recortes son una generosa donación de la fundación de la familia Ottosen.**